

Beat the Boredom Extra "K" 4 Miler Overall Winners

| Place | Male | Time | | Place | Female | Time |
|-------|----------------|-------|--|-------|----------------|-------|
| 1st | Kevin Konyar | 23:00 | | 1st | Lauren Beatty | 27:18 |
| 2nd | Carter Johnson | 23:19 | | 2nd | Adrienne Sims | 30:00 |
| 3rd | Tai Roulston | 24:53 | | 3rd | Laura Bergmann | 30:06 |