

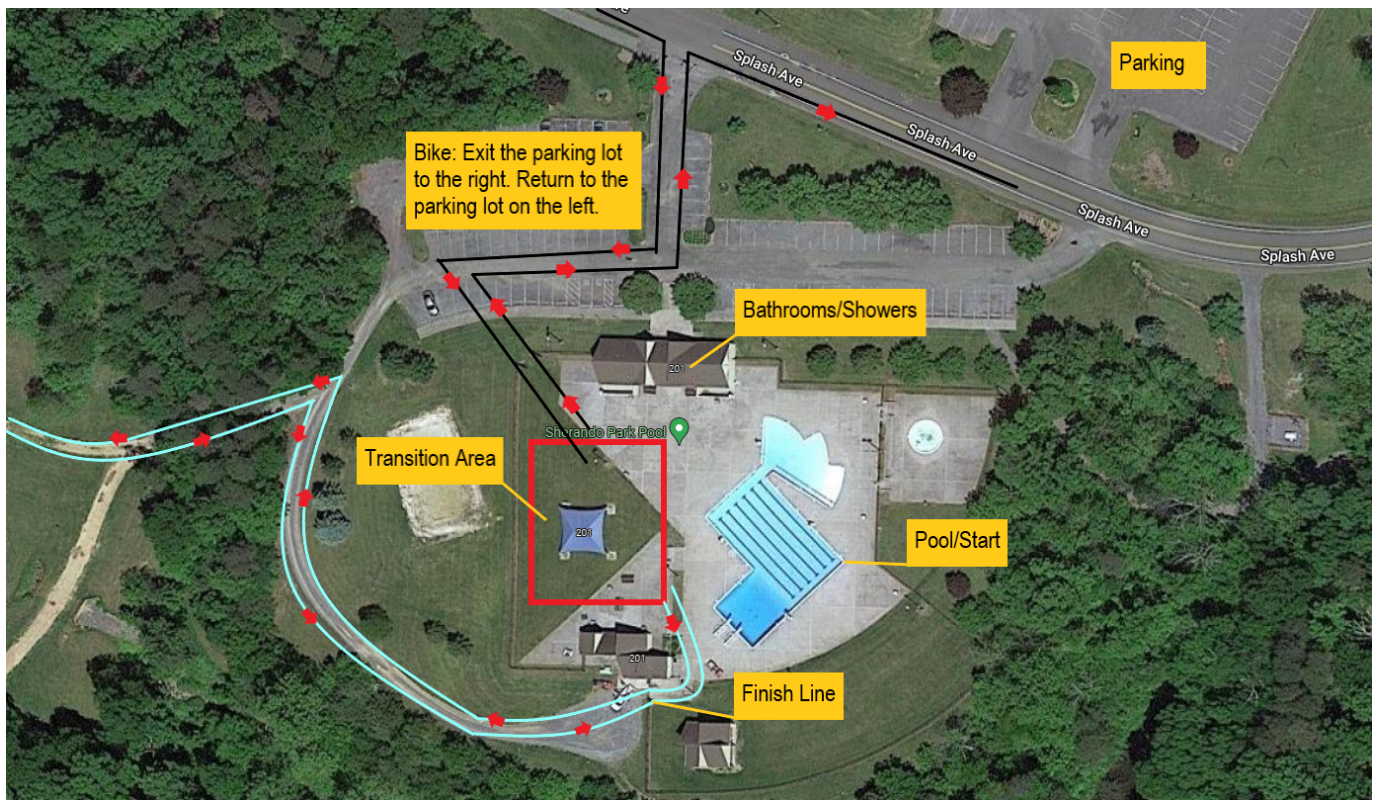


Youth Sprint Tri

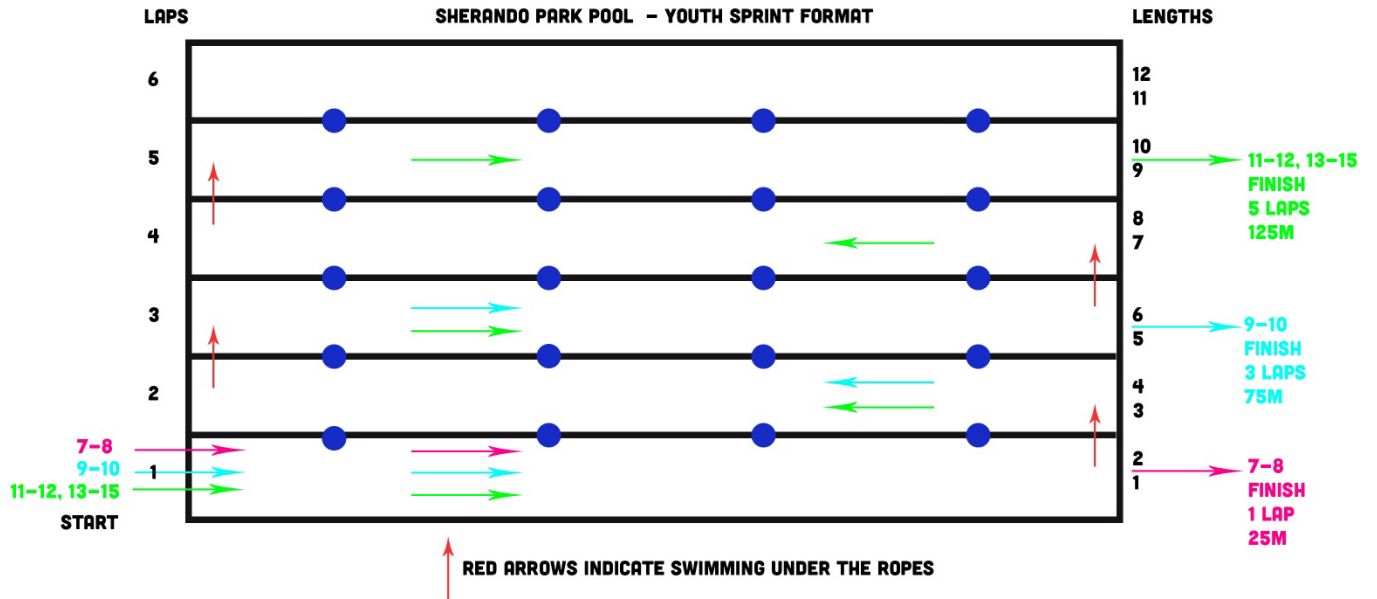
Sherando Park, Frederick County, VA
201 Splash Ave, Stephens City, VA 22655

June 25, 2022

6pm Start Time



Swim Distance



Bike Course Turn by Turn Directions

7-8 Year Olds

- 1. Head West onto Splash Ave*
- 2. Turn Left at the corner of the parking lot*
- 3. Turn Right*
- 4. Turn Left at the gate*
- 5. Head straight and follow the loop to turn around*
- 6. Turn right at the gate*
- 7. Turn Left*
- 8. Right Turn at the corner of the parking lot*
- 9. Continue Straight to the parking lot*

8-15 Year Olds

- 1. Head East onto Splash Ave*
- 2. Turn Right onto Lakeview Cir*
- 3. Continue Straight to the pavilion*
- 4. Make the loop and head back to Splash Ave*
- 5. Turn Left onto Splash Ave*
- 6. Continue Straight*
- 7. Left at the corner of the parking lot*
- 8. Turn Right*
- 9. Right at gate*
- 10. Heads towards the entrance of Sherando High School*
- 11. Turn around and continue straight*
- 12. Turn Left at the corner of the school*
- 13. Turn around at the baseball fields*
- 14. Right turn at the corner of the school*
- 15. Right turn at the gate*
- 16. Left turn*
- 17. Right turn at the corner of the parking lot*
- 18. Continue Straight to parking lot*

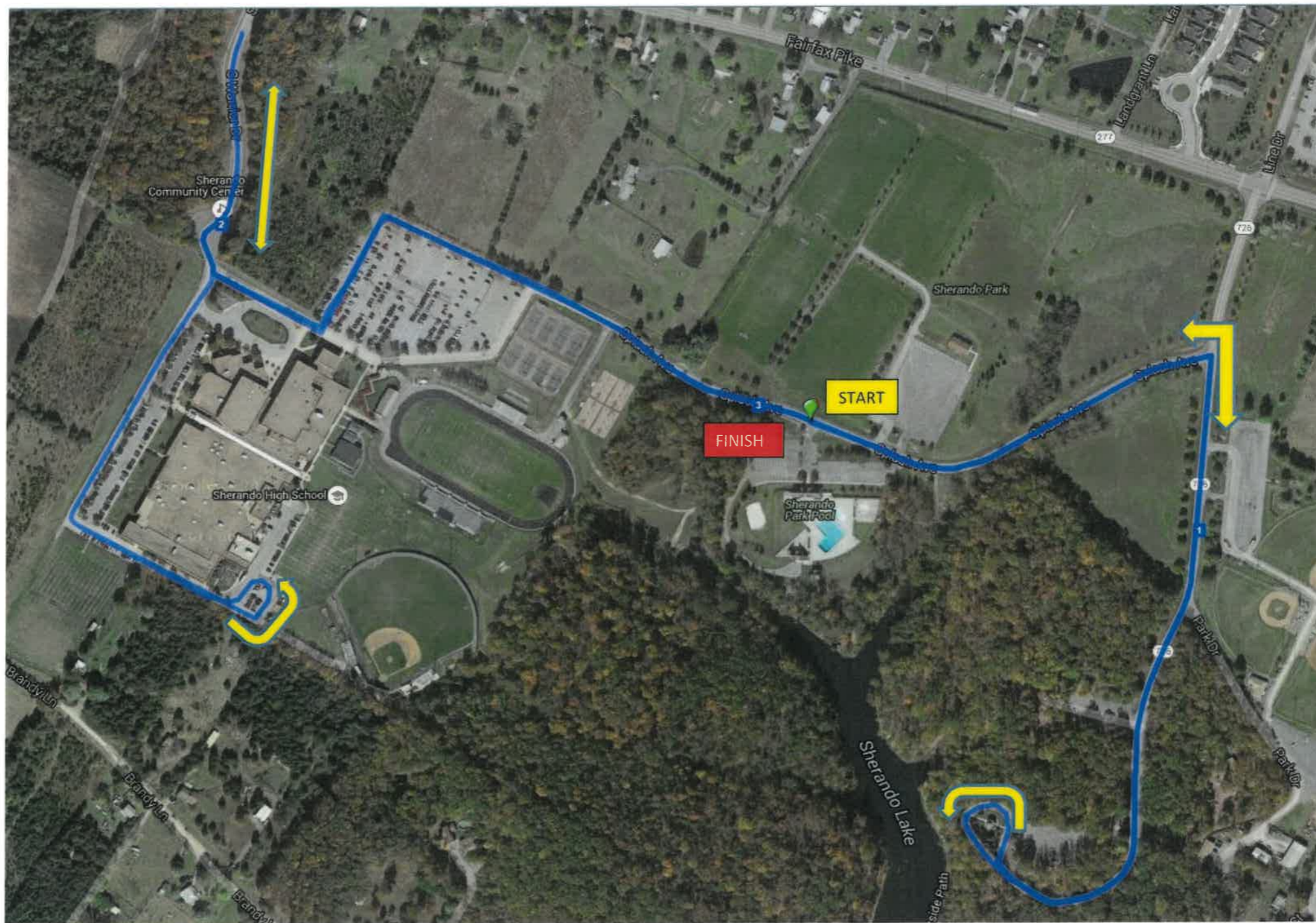
Youth Triathlon Bike Map

Kids Ages 7-8



Youth Triathlon Bike Map

Kids Ages 9-15



Run Distance

7-8 Year Olds (Half Mile)

Running Course Turn-by-Turn Directions

7-8 Year Olds (half Mile)

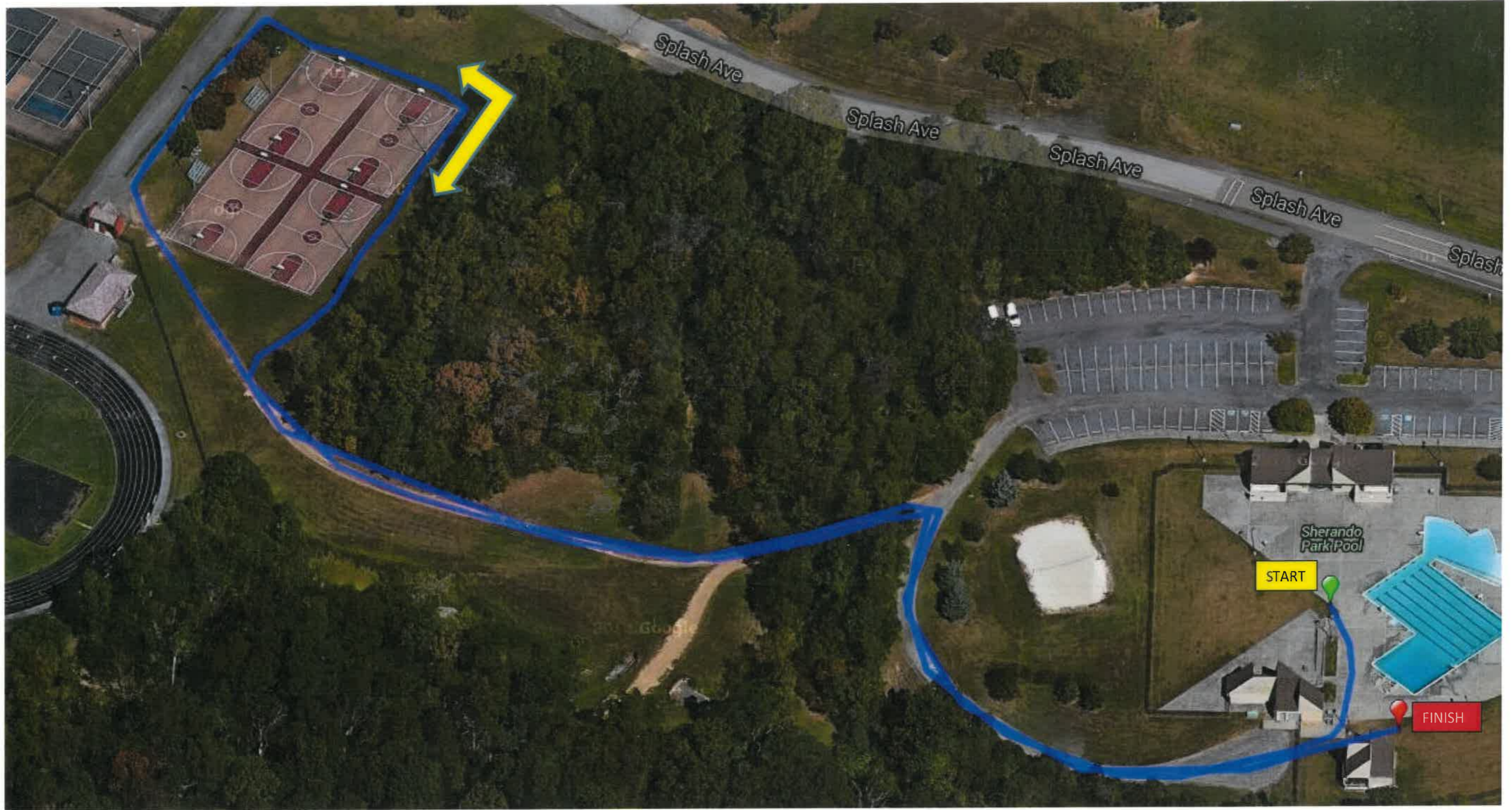
1. *Exit the pool and follow gravel path*
2. *Left turn at the Y*
3. *Follow path to the basketball courts*
4. *One lap around the courts*
5. *Follow the path back to the Y*
6. *Right turn*
7. *Follow to finish line inside the pool area*

9-15 Year Olds (1 Mile)

1. *Exit the pool and follow gravel path*
2. *Left turn at the Y*
3. *Follow path to basketball courts*
4. *Left turn onto the track*
5. *2 lap around the track*
6. *Right turn out of the track*
7. *Right turn at the basketball courts*
8. *Follow path back to the Y*
9. *Right turn*
10. *Follow to finish line inside the pool area*

Youth Triathlon Running Map

Kids Ages 7-8



Youth Triathlon Running Map

Kids Ages 9-15

